



HAMILTON COUNTY  
HEALTH DEPARTMENT

# Hamilton County Health Department Health Education Division

## Quick Course Sheet 2019-2020

**Below is a list of topics that can be presented to your school or community group.**

### Alcohol & Drugs:

- Alcohol Awareness
- Club Drugs
- Heroin
- Hookah
- Marijuana
- Narcan Education
- Prescription Drug Abuse - **UPDATED**
- Recreational Drugs
- Smoking Education
- **Vaping (E-Cigarettes) HS** **NEW**
- Vaping & Rx Drugs Jr. High

### CPR:

- **CPR Instructor Course (AHA)\***
- **Heartsaver CPR Adult & Child \***
- **Heartsaver CPR Adult, Child & AED\***
- **Heartsaver CPR Adult, Child & Infant \***
- **Heartsaver Adult, Child, Infant & AED\***
- **Heartsaver On Line Course \***
- **Heartsaver CPR In School \***
- **Heartsaver First Aid Adult\***
- **Heartsaver CPR Adult & Child \***
- **Heartsaver First Aid Adult\***
- **Heartsaver First Aid & Adult, Child CPR\***
- **Heartsaver First Aid & Adult, Child CPR & AED\***
- **Heartsaver Pediatric First Aid\***
- **Heartsaver First Aid On-Line Course\***
- **Heartsaver Pediatric First Aid & Adult, Child, Infant CPR \***
- **Heartsaver Pediatric First Aid & Adult, Child, Infant CPR & AED**
- **Health Care Provider Course\***
- **Health Care Provider On-Line Course\***

### Diseases:

- Bloodborne Pathogens
- **The ABC's of Hepatitis** **NEW**
- HIV Education – General
- Measles
- Meningitis
- MRSA
- Lice
- Rabies
- **STD/STI Education** **NEW**
- Stop Ticking Around (Lyme Disease)
- Tuberculosis 101
- **Tuberculosis Testing Course\***
- Zika

### General Health:

- Are You Prepared?
- Bed Bugs
- Brain Attack (Stroke)
- Breast & Testicular Self-Exam Course
- Cancer 101
- Colorectal Cancer
- College Safety
- Dating Violence
- Family Planning
- Food Safety High School
- Food Safety Jr. High
- Food Safety 5<sup>th</sup>/6<sup>th</sup> Grade
- Handwashing
- Handwashing for Children
- Heart Attack 101
- Head Hurts (Concussion Education)
- Healthy Relationships
- Healthy Shopping
- Going Viral (Social Media Safety, HS) - **UPDATED**
- Internet Safety Middle School - **UPDATED**
- Immunizations 101

- Injury Prevention
- **Organ Donation** **NEW**
- Oral Health
- Poison Prevention (Preschool – 5<sup>th</sup> Grade)
- **Poison Prevention (6<sup>th</sup> Grade – Adult)** **NEW**
- Poison Prevention (Senior population)
- Public Health
- Stop the Bleed
- Summer Health
- Tattooing
- What Will Teens Do Next? **(Adults Only)**

**Mental Health:**

- Bullying (Grades K-3)
- Bullying 101 (Jr. High)
- **Bullying & Hazing (High School)** **NEW**
- Sexting Education
- Sex Trafficking
- Suicide Education

\* = Charge for the course

**Indiana Academic Standards for Health and Wellness:**

The programs provided by the Hamilton County Health Department meet the standards for health education in Indiana schools as established by the Indiana Department of Education.

**Standard 1:** Students will comprehend concepts related to health promotion and disease prevention to enhance health.

**Standard 2:** Students will analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.

**Standard 3:** Students will demonstrate the ability to access valid information and products and services to enhance health.

**Standard 4:** Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.

**Standard 5:** Students will demonstrate the ability to use decision-making skills to enhance health.

**Standard 6:** Students will demonstrate the ability to use goal-setting skills to enhance health.

**Standard 7:** Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.

**Standard 8:** Students will demonstrate the ability to advocate for personal, family and community health.

If you would like to schedule a program for your group, community or school, contact the Hamilton County Health Department at e-mail [james.ginder@hamiltoncounty.in.gov](mailto:james.ginder@hamiltoncounty.in.gov) or [molly.may@hamiltoncounty.in.gov](mailto:molly.may@hamiltoncounty.in.gov)

The Health Education Division has the right to cancel or reschedule the presentation.