

**Hamilton County Health  
Department  
Health Education Course List  
2021-2022**



**Alcohol & Drugs:**

- Alcohol Awareness
- Heroin
- Narcan Education
- Opiates
- Recreational Drugs
- Smoking Education
- Vaping and Prescription Drugs (Middle School or High School)

**CPR:**

- CPR Adult, Child, Infant, and AED
- First Aid
- Health Care Provider Course

**Diseases + Prevention:**

- Hepatitis
- Bloodborne Pathogens
- Cancer
- COVID
- COVID Vaccine
- Food Safety (Grades 5-12)
- Handwashing
- HIV Education
- Meningitis
- STD/STI Education
- Tuberculosis Testing Course

**General Health:**

- Bed Bugs
- Stroke
- Heart Attack
- Breast and Testicular Self-Exam Course
- Cancer
- College Safety
- Dating and Relationship Violence
- Sexting Education
- Human Trafficking
- Family Planning
- Concussion Education
- Healthy Relationships
- Healthy Grocery Shopping
- Social Media Safety (Middle School and High School)
- Immunizations
- Injury Prevention
- Organ Donation

- Poison Prevention (All Ages)
- Health Department Programs
- Stop the Bleed
- Seasonal Health
- Tattooing

**Mental Health:**

- Bullying (Grades K-12)
- Grief
- Mental Health Education
- Suicide Education

**Physical Activity/Nutrition**

- Obesity
- Physical Activity
- Nutrition

**Coming soon:**

- Life Skills
- Uniquely You
- Parental Support
- Anxiety
- Depression

**Indiana Academic Standards for Health and Wellness:**

The programs provided by the Hamilton County Health Department meet the standards for health education in Indiana schools as established by the Indiana Department of Education.

**Standard 1:** Students will comprehend concepts related to health promotion and disease prevention to enhance health.

**Standard 2:** Students will analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.

**Standard 3:** Students will demonstrate the ability to access valid information and products and services to enhance health.

**Standard 4:** Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.

**Standard 5:** Students will demonstrate the ability to use decision-making skills to enhance health.

**Standard 6:** Students will demonstrate the ability to use goal-setting skills to enhance health.

**Standard 7:** Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.

**Standard 8:** Students will demonstrate the ability to advocate for personal, family and community health.

To schedule a course for your group, contact the Hamilton County Health Department by email at:  
[james.ginder@hamiltoncounty.in.gov](mailto:james.ginder@hamiltoncounty.in.gov) or  
[renee.applegate@hamiltoncounty.in.gov](mailto:renee.applegate@hamiltoncounty.in.gov)

The Health Department reserves the right to cancel or reschedule courses.